



Comfort

Pain Assessment

Myths

1. Talking about pain doesn't do any good because it can't be relieved.
2. It is important when caring for people who are being strong and not talking about pain or other symptoms to respect their wishes and avoid the subject.
3. Some pain is unavoidable and good patients know not to complain too much.
4. Doctors and nurses already do a good job of assessing a patient's pain.
5. Doctors and nurses are too busy to hear about a person's pain.
6. Telling doctors and nurses about pain will lead to further tests and expenses.
7. Patients who talk a lot about their pain are complainers and want attention.
8. Family members will be worried if a person talks about pain and other symptoms.
9. A sleeping person can not be in pain.
10. A person smiling, talking, joking or watching TV can not be in pain.
11. Patients will tell their doctors, nurses and family members when they have pain.
12. Doctors, nurses and family members can tell how much pain a person has.